

Yoshon Update #1

Date: October 6, 2025



The Yoshon cutoff dates for the following products are as follows:

Robin Hood, Five Roses, Irresistible & any flour using the following plant codes

Year	Date Code ¹	Plant Code	Comments
5	244	548	All Purpose Flour - retail & Costco pack
5	267	548	Cake and Pastry Flour only
5		715	Yoshon until the beginning of November
5	259	640	

¹These numbers or lower are yoshon. Isolate the plant code from the full code that is printed on the bag and then find the year and date codes.

Flour - (COR 285) - White Flour – BB date of Sept 3/26. Organic **anticipated** BB Oct 11/26. Whole Wheat flour BB date is 3 months earlier.

P&H, Great Plains, Compliments and any flour with a “PH” in the code

The lot # will start with a 5 (for 2025) then xxx for the date then xx for the plant i.e. 5 242 09. Use codes 2 268 for plant 02, 2 242 for plant 09.

Ardent Mills, Robin Hood, Bakers Hood, Master Hand, Golden Temple or any flour with a COR323 - for plant ‘SK’ - a date code of 5-244 or lower. For plant code ‘MT’ a date code of 5-252 or lower. Durum /Atta flour 5-258 or lower.

No Name Flour - If the best before date includes “PFM” use the same code as COR 285 flour. If it is “PH” (0)2 use the codes noted above for “PH”. Whole Wheat flour – Best Before codes are **3 months earlier**.

PC Flour - All Purpose flour – Any product in the marketplace is yoshon

Rodelle Flour - If there is a “P” in the date code it will be yoshon until Nov.

Robin Hood – Ardent Mills Oats (COR 323) - code of 5-273 or lower.

No Name Oats - Large Flake, One Minute, Quick - Best Before 2026 Sept 4 (this date does not apply to single serve packets).

Quaker Oats (COR 112)

All products contain oats - date code of 09 28 P 5 or earlier.

Costco Pack – code of **0928** following the Best Before date. 5N**5** is the year code and ignore other codes, i.e. 2025 SE 27 **0928 5N5** 0263.

Oat Bran Cereal - date code of 10 03 P 5 or earlier.

A.J. Pancake Mixes (all types) – will remain yoshon.

General Mills

Cheerios (all types) – Best Before Sept 22, 2026

Nature Valley Granola bars –Best Before date of 16 SE 2026 CO plant only.

Fibre 1 cereal is always yoshon.

Weetabix

Weetabix (regular and organic) - are still yoshon.

Alpen & Grain Shop High Fibre Crisp – are still yoshon.

Please note: manufacturing of these products is being transferred to a non-kosher certified facility. Double check for the COR symbol.

Post Cereals (COR 114) - Shredded Wheat, Spoon Size Shredded Wheat - Regular, Honey Toasted, Cinnamon and Wheat ‘n Bran, Light Wheat Squares are always yoshon.

Shreddies - Regular, Honey, and Maple flavours, Dark Wheat Squares and 100% Bran - are still yoshon.

Kellogg Canada (COR 246)

All Bran, Raisin Bran, Bran Flakes, Corn Flakes, Honeynut Corn Flakes, Frosted Flakes and Rice Krispies - products are still yoshon.

Corn Pops - are yoshon (oat flour is not a yoshon concern).

Froot Loops (Canadian only) – Best Before Sept 10, 2026.

Presidents Choice (COR 1)

Crunchy - Maple Almond, Mixed Berry or Cranberry Almond – still yoshon.

Loads of Raisins Raisin Bran, Woven Wheat Squares - are still yoshon.

PC Blue Menu (COR 1)

Fibre First, Bran Flakes and Fibre Plus Bran Flakes, Crunchy Whole Grain Cereal with Almonds - are still yoshon.

PC Organics (COR 1) - Wheat Squares and Raisin Bran – are still yoshon.

Barley – barley in the stores may be chodosh, dates must be checked.

Kolbo - has yoshon barley and flour.

PC Blue Menu Barley and Great Value Barley – are still yoshon.

NuPak Barley – still yoshon.

Cedar (Phoenicia) Barley - code of PD50809 or lower.

Clic barley – still yoshon.

Gefen, Ungar’s & Jack and the Beanstalk - will remain yoshon.

Pasta

Primo, COR 78 – Best Before Oct 7 2028.

Italpasta - Best Before Oct 2 2027.

All other pasta with a COR 136 - use the same code as Italpasta.

Unico - use same coding as for Primo.

PC/No Name Pasta (COR 1) - use same codes as Italpasta.

Ronzoni (Catelli & Lancia) (COR 235) - Regular (white) pasta - best before Oct 5, 28 or earlier. Whole wheat & egg Best Before Oct 5, 2027.

Catelli (with an MK) – use same codes as Grisspasta.

Grisspasta - Regular Pasta - best before 2028 Oct 3, Whole grain, Vegetables, Egg Pasta - best before 2027 Oct 3.

Ferenez /Mama (MK) - will remain yoshon.

Pita Bros Pita - will remain yoshon.

Lenchner's - will remain yoshon.

Uri Pastries - will remain yoshon.

Local establishments - A detailed list will be forthcoming.